|  Over 50 Lunch & Learn**Monday & Wednesday 1-1:45 pm****Tai Chi Exercise** **Tuesday & Thursday 12-1:45 pm** **Strength & Stability Exercise (none on 4/27)****Wednesdays Lunch & Learn****12:15 Lunch, 1 Tai Chi, 2:15 Speaker**  **Care Cove @ Bethel Homes 620 Garfield Ave. Viroqua**Separate entrance marked Care Cove. Watch for yard signs.**All speaker presentations are available live, via Zoom, at the Viola Public Library on Wednesdays at 2:15.****Activities are “free will donation”. For questions, leave a message for Kay @ 262-384-0082 or email** **over50lunch@yahoo.com** |
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|  **May 3 Aging & Disability Resource Center with Brenda Olson** **May 10 Burro Racing with Roger Padretti** **May 17 Affordable Connectivity Program with Renee Cole**  **May 24 Growing Forward Together Garden @ McIntosh Library**  **May 31 Fly Fishing the Driftless with Tina Murray** |
| RSVP-Call Bethel Homes Kitchen 608-637-6320 to reserve lunch by Monday prior to event. Mention “Lunch & Learn”. $5 per meal. |